

"Adult films" Reconsidered

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Notice: Writing this was undeniable difficult because this topic is sensitive and usually taboo. So, anticipating a negative backlash, I've aimed to make this essay factual rather than opinion based in hopes of avoiding calamity and instead sparking discussion aimed towards finding a common solution.

"If you watch porn, you probably have a small brain, a new study published in the Journal of the American Medical Association (JAMA)" - Denali Tietjen (Forbes and Boston Globe Writer)

Growing teens with infinite internet access. Teenagers are often taught that viewing pornography is healthy and typically beneficial physically. Images shown in pornography are easily confused with healthy sexual practice. Common studies show that roughly 66% of all men watch porn and that the majority of men under the age of 60 think of sex at least once a day. Comparatively, only 40% of women watch porn once a month. Women's viewing trends of pornography are exponentially more moderate in comparison to men, but still exist. More studies show that something around 50% of all internet traffic is sex related. These stats are directly correlated to why the porn industry is labeled to be one of the most prominent business industries, officially being worth around 100 billion dollars but probably worth 3 or 4 times as much through undocumented earnings

"When you grow up you tend to get told that the world is the way it is and your life is just to live your life inside the world and try not to bash into the walls too much. That's a very limited life, life can be much broader once you discover one simple fact. That is that everything around you that you call life was made up by people that were no smarter than you." - Steve Jobs

The essence of progress is questioning norms in order to improve them. As of recently, I was questioning the reason behind pornography as it has so much entity in modern society. I came to realize that by watching porn, you take part in filling a demand for filmed prostitution. In reality there is no true content in viewing filmed prostitution besides to fill a void of unrealistic sexual desire. Prostitution is awful and no one's childhood dream. Rather, it's almost always a result of trouble and distress. Subconsciously, porn brings angry and violent ideas into private fantasies which are not reflective of humble, genuine, and more importantly, honest people.

Pornography has evolved since the 90s. It is no longer a glimpse of subtle sexual needs for both men and women. Rather it has grown into a male dominated industry. It speaks to the tendencies and psyches of how sex-driven men really are. Porn is no longer about healthy sexual communications rather is all about male domination of women. There's immense underlying sexism in all of our lives that potentially is heavily influenced by what we consider "sexy". Subordination of women is common in porn transitioning into sexual practice but also in a way of being, creating an unfair hierarchy between sexes. It's horrible yet something that is practiced often. Furthermore, if you start thinking about what society qualifies as "sexual" in this industry it becomes even scarier. It directly translates into what men find attractive, choking, being brutal, without a single hug, touch, kiss, or caresse. Sadly, it arouses men to rape women because it's deemed sexual, in every popular porn website you can find a rape and abuse category. This is as if the most censored porn isn't filled with these derogatory motives in the first place. Even in the mildest forms. I'm talking 80 to 90 percent of the times, there are no hands involved further capturing sexual activity and nothing more:urposefully leaving out anything realistic. It's truly diabolical and loses the sense of sensuality and mutuality.

Quick access to our phones allows almost everyone in the western world pornographic access. It's hard for such habitual practices not to invade your mind and influence your day to day thinking. These subconscious effects are truly hard to admit given the fact so many people, specifically men, practice this way of being. It has an addictive effect and a paralyzing result. Porn indirectly teaches people the wrong values of sexual communications. It's addictive because you tend to develop somewhat of a dependency and it's paralyzing because,....?

"Mainly for young boys and men because porn is teaching us that as a man that you are solely valued in sex by having a large penis and an eternal erection, according to porn being a valuable sexual partner does not relate with being sensual or passionate attentive generous well-coordinated none of the above, it is all about large penis and eternal sunshine.." Ran Gavrieli (Keynote Speaker)

So, men become paralyzed and conceptualize women in a completely irrational manner. The majority of the male demographic hold women to this standard of sexual desire and expects this provocative negative behavior. Young girls get the message not directly from porn but from our porn-influenced mainstream culture that you have to always act sexy. Clear example of a good girl turned bad: Miley Cyrus. Her work now is essentially porn with clothes on, I mean come on.

“The keyword here is correlation. While the study’s findings are significant, the researchers don’t know if it’s the porn that causes the low grey-matter volume in porn-watchers, or if it’s the other way around. It could be a neurological precondition that makes watching porn particularly satisfying.”

Porn is undeniable a questionable usage of time and efficient sexual relief. I think this is why people in relationships, women, and or people who have a plethora of sexual opportunity, boast happiness and healthier practices. It's just a pattern I've noticed, not to say being happy and in absence of sex isn't possible. My goal was to state facts and observations of plentiful psychological patterns within the combines of watching porn. So please reconsider and discuss this topic because silence does nothing. Evoke change even if it's small it's crucial. At the end of the day, it will alter our true humble lives.

Sources:

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